

## Haysville USD 261 Elementary Schools Wellness Updates August 2009

The Haysville elementary schools will be working on the following goals during the 2009-2010 school year:

Goals	What will be done?	Who is responsible?	Begin Date & End Date
Foods and beverages for classroom rewards, parties and celebrations will not be provided until at least one hour after the end of the last lunch period.	Elementary principals will address this area during our back-to-school inservice.	Elementary principals, staff members	8-1-2009 and ongoing
Students will receive 100-150 minutes of physical education per week.	Elementary principals and staff members will build a schedule that allows 100-150 minutes of physical education per week.	Elementary principals, staff members	8-1-2009 and ongoing
When circumstances make it necessary for students to remain indoors and inactive for two or more hours, the students will be given periodic breaks during which they will be encouraged to stand and be moderately active.	Elementary principals will remind staff of this goal during the back-to-school inservice.	Elementary principals, staff members	8-1-2009 and ongoing
Students will be encouraged to start each day with a healthful breakfast and to choose nutritious foods throughout the day.	Elementary schools will encourage this goal via school newsletters and closed-circuit television shows.	Elementary principals, tech teams, and secretaries	8-1-2009 and ongoing
Parents will be invited to join students for school meals.	School secretaries will add this goal to our monthly newsletters.	School secretaries	8-1-2009 and ongoing

