

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
990094 Almond Milk	each	227	80.000	0.000 0.000%	170.000	13.000 65.000%	2.500 28.125%	0.000	13.000 65.000%	0.000	1.000 5.000%	500.000	450.000	0.000	0.360
64 APPLES,Fresh *	EACH	138	71.760	0.039 0.484%	1.380	14.338 79.922%	0.235 2.942%	0.000	19.058 106.231%	3.312	0.359 2.001%	74.520	8.280	6.348	0.166
247 Applesauce, Canned*	1/2 CUP	128	70.874	0.000 0.000%	0.000	16.200 91.430%	0.000 0.000%	0.000	18.225 102.857%	1.012	0.000 0.000%	0.000	5.062	0.000	0.000
990158 Applesauce, Cinnamon	Each	128	60.000	0.000 0.000%	15.000	13.000 86.667%	0.000 0.000%	0.000	15.000 100.000%	1.000	0.000 0.000%	0.000	0.000	60.000	0.000
990165 Applesauce, cup	Cup	90	50.000	0.000 0.000%	15.000	12.000 96.000%	0.000 0.000%	0.000	14.000 112.000%	1.000	0.000 0.000%	0.000	0.000	60.000	0.000
990156 Applesauce, Mixed Berry	Each	128	60.000	0.000 0.000%	30.000	13.000 86.667%	0.000 0.000%	0.000	15.000 100.000%	2.000	0.000 0.000%	0.000	0.000	60.000	0.000
990157 Applesauce, Strawberry	Each	128	60.000	0.000 0.000%	17.000	13.000 86.667%	0.000 0.000%	0.000	15.000 100.000%	1.000	0.000 0.000%	0.000	0.000	60.000	0.360
990155 Asst. Vegetables	Serving	145	31.815	0.075 2.107%	43.405	3.715 46.708%	0.290 8.215%	0.000	6.916 86.949%	2.454	1.520 19.110%	4774.190	34.005	28.715	0.655
990067 BACON/EGG/CHEESE BISCUIT	SANDWICH	122	475.000	13.500 25.579%	1305.000	*2.000* *1.684%*	32.000 60.632%	337.500	27.000 22.737%	0.000	18.500 15.579%	600.000	110.000	0.000	2.520
249 Baked Beans*	1/2 CUP	132	142.474	0.000 0.000%	559.721	12.212 34.286%	1.018 6.429%	0.000	29.513 82.858%	5.088	6.106 17.143%	0.000	40.707	0.000	1.832
929 Banana Bread*	SLICE	96	280.000	2.000 6.429%	220.000	25.000 35.714%	10.000 32.143%	0.000	44.000 62.857%	2.000	5.000 7.143%	100.000	80.000	0.000	1.080
68 BANANAS*	EACH	101	89.891	0.113 1.132%	1.010	12.352 54.964%	0.333 3.337%	0.000	23.069 102.651%	2.626	1.101 4.899%	64.641	5.050	8.787	0.263
948 BARBECUE CHICKEN G/F	EACH	161	321.667	1.000 2.798%	780.000	13.000 16.166%	9.000 25.181%	46.667	42.667 53.057%	5.000	17.333 21.554%	300.000	22.000	2.400	2.840
352 Barbeque Sauce*	Packet	28	60.000	0.000 0.000%	120.000	9.000 60.000%	0.000 0.000%	0.000	16.000 106.667%	0.000	0.000 0.000%	0.000	0.000	0.000	0.360
796 Beef Fingers*	4 EACH	110	300.000	4.500 13.500%	490.000	2.000 2.667%	18.000 54.000%	35.000	19.000 25.333%	2.000	15.000 20.000%	0.000	40.000	0.000	2.700
990146 Biscuit	Each	62	180.000	6.000 30.000%	580.000	2.000 4.444%	8.000 40.000%	0.000	24.000 53.333%	0.000	4.000 8.889%	0.000	0.000	0.000	1.080
990068 BISCUIT & GRAVY (SUMMER FEEDING)	each	151	306.872	8.525 25.002%	881.673	*2.000* *2.607%*	18.012 52.827%	19.031	26.762 34.884%	0.000	6.687 8.716%	12.500	7.620	0.030	1.081

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
857 Biscuit & Gravy*	each	151	307.122	8.525 24.982%	881.923	*2.300* *2.996%*	18.012 52.784%	18.906	26.812 34.921%	0.000	6.687 8.709%	12.500	7.620	0.060	1.081
990039 Bosco Breaded Cheese Sticks*	2 EACH	185	330.854	5.002 13.606%	510.248	*6.017* *7.275%*	10.510 28.590%	30.000	40.196 48.596%	5.068	21.030 25.425%	266.650	52.614	3.098	12.569
990044 Bosco Pepperoni Pizza Sticks*	2 EACH	210	471.028	8.832 16.875%	981.308	5.888 5.000%	17.664 33.750%	49.065	56.916 48.333%	5.888	21.589 18.334%	0.000	29.439	0.000	19.626
1021 Breadstick, Garlic*	1 EACH	36	110.000	1.000 8.182%	200.000	2.000 7.273%	4.000 32.727%	0.000	17.000 61.818%	2.000	3.000 10.909%	10.000	0.000	0.000	0.800
990166 Breadsticks (2 each)	Serving (2)	72	220.000	2.000 8.182%	400.000	4.000 7.273%	8.000 32.727%	0.000	34.000 61.818%	4.000	6.000 10.909%	20.000	0.000	0.000	1.600
689 Breakfast Bun*	EACH	85	270.000	4.500 15.000%	210.000	13.000 19.259%	10.000 33.333%	0.000	40.000 59.259%	3.000	6.000 8.889%	100.000	40.000	21.000	1.800
866 Breakfast Pizza, Bacon Scramble*	SLICE	84	210.000	3.500 15.000%	320.000	5.000 9.524%	8.000 34.286%	55.000	25.000 47.619%	2.000	10.000 19.048%	0.000	155.000	0.000	1.600
469 Broccoli & Cheese*	1/2 CUP	127	74.238	0.841 10.192%	278.944	1.327 7.150%	3.453 41.858%	2.551	8.897 47.939%	3.151	3.293 17.743%	1478.232	59.115	61.975	0.640
990140 Broccoli Cheese Soup	Cup	232	150.000	1.000 6.000%	803.555	2.000 5.333%	11.000 66.000%	10.000	10.000 26.667%	2.000	2.000 5.333%	100.000	63.555	0.000	0.360
1002 BROCCOLI, FRESH	1/2 CUP	46	15.470	0.052 3.019%	15.015	0.774 20.013%	0.168 9.797%	0.000	3.021 78.118%	1.183	1.283 33.174%	283.465	21.385	40.586	0.332
82 Broccoli, Steamed*	1/2 cup	94	33.074	0.075 2.033%	38.744	1.314 15.892%	0.387 10.542%	0.000	6.785 82.058%	3.118	2.249 27.200%	1462.834	37.799	61.329	0.633
937 BUN HAMBURGER , WG, GLUTEN-FREE	EACH	74	190.000	0.000 0.000%	360.000	5.000 10.526%	5.000 23.684%	0.000	32.000 67.368%	4.000	5.000 10.526%	0.000	2.000	0.000	2.000
859 Bun, Hot Dog*	EACH	62	148.497	0.000 0.000%	237.596	3.960 10.667%	1.485 9.000%	0.000	29.700 80.000%	1.980	6.930 18.667%	0.000	49.499	0.000	1.683
995 Butter Buds, Prepared*	CUP	807	426.308	0.000 0.000%	3218.966	*0.000* *0.000%*	0.000 0.000%	0.000	85.262 80.000%	0.000	0.000 0.000%	0.000	14.436	0.000	0.072
1005 Butter*	TBSP	14	101.814	7.169 63.375%	1.562	0.009 0.035%	11.518 101.812%	30.530	0.009 0.033%	0.000	0.121 0.475%	354.858	3.408	0.000	0.003
675 CARROTS, BABY 1/2 CUP*	1/2 CUP	74	25.798	0.017 0.593%	57.493	3.509 54.407%	0.096 3.342%	0.000	6.074 94.172%	2.138	0.472 7.318%	10164.430	23.587	1.916	0.656
990173 Celery Sticks	Serving	74	10.399	0.031 2.700%	59.421	0.995 38.273%	0.126 10.931%	0.000	2.206 84.854%	1.188	0.513 19.733%	333.498	29.710	2.303	0.149

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
828 Cereal, Asst.*	EACH	28	110.000	0.600 4.909%	152.000	6.800 24.727%	2.200 18.000%	0.000	22.200 80.727%	2.200	2.000 7.273%	460.000	116.000	5.520	4.860
990122 Cereal, Cheerios	Each	28	100.000	1.000 9.000%	140.000	1.000 4.000%	2.000 18.000%	0.000	20.000 80.000%	3.000	3.000 12.000%	500.000	100.000	6.000	8.100
990123 Cereal, Fruit Cheerios	Each	32	122.909	0.000 0.000%	143.393	9.218 29.999%	1.536 11.250%	0.000	25.606 83.333%	2.048	2.048 6.665%	512.119	102.424	6.145	4.609
990121 Cereal, Lucky Charms	Each	28	110.000	0.000 0.000%	180.000	10.000 36.364%	1.000 8.182%	0.000	23.000 83.636%	2.000	2.000 7.273%	500.000	100.000	6.000	4.500
990077 Cheerios-G/F	BOWL	28	100.000	1.000 9.000%	140.000	1.000 4.000%	2.000 18.000%	0.000	20.000 80.000%	3.000	3.000 12.000%	500.000	100.000	6.000	8.100
990107 Cheese Sauce- Summer Feeding	1/4 CUP	67	54.362	0.000 0.000%	467.513	0.000 0.000%	3.805 62.999%	0.000	6.523 48.000%	0.000	0.000 0.000%	0.000	0.000	0.000	0.000
990050 Cheese Sauce, Canned*	2 OZ.	63	80.781	1.515 16.875%	474.587	0.000 0.000%	6.059 67.500%	5.049	4.039 20.000%	0.000	2.020 10.002%	0.000	41.400	0.000	0.000
646 Cheeseburger*	EACH	147	338.497	6.000 15.953%	762.596	3.960 4.680%	14.985 39.842%	43.490	31.700 37.459%	2.980	22.430 26.505%	300.000	119.499	1.200	3.483
899 CHEF SALAD, GLUTEN FREE	EACH	320	401.635	2.961 6.634%	1304.233	*8.239* *8.205%*	30.162 67.588%	40.499	16.175 16.109%	3.954	14.421 14.362%	16238.911	127.556	9.062	2.909
446 Chef Salad, Pre-Pack*	Each	433	512.058	8.072 14.188%	1686.908	*11.933* *9.322%*	22.779 40.037%	60.320	55.163 43.091%	7.631	24.030 18.771%	7750.849	265.418	32.137	2.165
990150 Chef Salad, Pre-Pack*SUMMER	Each	273	236.779	3.667 13.939%	1488.754	*5.403* *9.127%*	10.172 38.664%	40.446	20.126 34.000%	2.087	16.466 27.817%	458.734	22.917	7.942	1.038
990119 Chicken & Waffles*	Each	179	563.023	5.529 8.838%	744.535	13.012 9.244%	28.174 45.037%	45.291	59.186 42.049%	6.035	19.174 13.622%	2.023	16.047	0.303	40.116
990138 Chicken Alfredo	Cup	261	418.482	7.532 16.198%	645.197	3.266 3.122%	24.412 52.500%	75.243	27.023 25.829%	0.000	20.819 19.900%	3603.457	122.470	0.688	1.306
135 Chicken BLT salad*	Each	240	589.374	10.775 16.454%	1304.475	*6.487* *4.403%*	34.450 52.606%	72.186	42.089 28.565%	5.830	28.983 19.670%	662.217	248.682	3.543	3.244
990152 Chicken BLT salad*summer	Each	321	478.580	7.496 14.096%	1351.009	*4.487* *3.750%*	26.750 50.305%	52.312	33.126 27.687%	5.288	26.641 22.267%	457.484	60.761	7.942	2.256
990106 CHICKEN FRIED RICE-G/F- SP. DIETS	SERVING	177	363.978	4.229 10.457%	426.235	*5.392* *5.926%*	11.855 29.314%	118.510	44.926 49.373%	1.351	17.313 19.026%	400.244	20.876	2.562	8.991
969 Chicken Fried Steak Sandwich*	SANDWICH	159	458.498	7.500 14.722%	732.596	4.960 4.327%	23.985 47.081%	43.490	44.700 38.996%	3.980	20.430 17.823%	200.000	139.499	0.000	3.483

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
382 Chicken Gravy, Pioneer*	1/4 cup	65	20.672	0.000 0.000%	146.478	0.000 0.000%	0.517 22.500%	0.000	3.101 59.998%	0.000	1.034 20.008%	0.000	5.912	0.000	0.000
961 Chicken Nuggets*	4 EACH	91	210.000	2.500 10.714%	340.000	1.000 1.905%	12.000 51.429%	40.000	12.000 22.857%	2.000	13.000 24.762%	0.000	17.000	0.000	1.000
983 Chicken Parmesan*	EACH	238	482.137	7.546 14.086%	1026.285	*7.355* *6.102%*	25.755 48.077%	40.187	41.273 34.242%	6.437	25.461 21.123%	657.363	259.315	4.131	3.359
959 Chicken Patty*	EACH	90	250.000	3.000 10.800%	520.000	0.000 0.000%	15.000 54.000%	25.000	15.000 24.000%	2.000	14.000 22.400%	100.000	40.000	0.000	1.800
990132 Chicken Sandwich, Brd.*	Each	152	398.497	3.000 6.775%	757.596	3.960 3.975%	16.485 37.231%	25.990	44.700 44.868%	3.980	20.930 21.009%	100.000	89.499	0.000	3.483
845 Chicken Strips*	3 EACH	96	263.023	2.529 8.654%	394.535	1.012 1.539%	15.174 51.923%	25.291	16.186 24.615%	3.035	15.174 23.076%	2.023	4.047	0.303	10.116
891 CHICKEN STRIPS, GLUTEN FREE	SERVING	94	210.000	3.000 12.857%	510.000	0.000 0.000%	13.000 55.714%	45.000	13.000 24.762%	1.000	12.000 22.857%	0.000	0.000	0.000	0.720
990099 Chicken Thigh, Roasted- Sp. Diets*	EACH	100	249.597	4.303 15.516%	84.472	*0.029* *0.046%*	15.514 55.939%	93.000	0.586 0.939%	0.124	25.108 40.238%	8.226	3.478	0.133	1.396
726 Chicken, Popcorn, Hot & Spicy*	12 EACH	121	340.000	3.500 9.265%	540.000	3.000 3.529%	17.000 45.000%	20.000	32.000 37.647%	4.000	16.000 18.824%	110.000	40.000	0.000	2.600
299 Chili- 1 cup*	Cup	236	197.957	1.814 8.248%	892.902	4.684 9.465%	4.781 21.738%	13.072	27.070 54.699%	7.582	12.848 25.961%	38.064	63.988	21.422	3.056
990043 Chili- 1/4 cup*	1/4 CUP	90	78.959	0.849 9.677%	361.163	1.757 8.901%	2.063 23.515%	5.577	10.354 52.452%	2.843	5.223 26.459%	14.679	25.345	8.033	1.146
990065 Chili- 3/8 cup*	3/8 CUP	216	166.914	0.929 5.010%	728.884	4.485 10.748%	3.285 17.715%	9.284	24.949 59.789%	7.260	10.363 24.834%	34.505	54.802	20.511	2.926
876 Chili Crispito*	EACH	91	240.000	3.500 13.125%	340.000	2.000 3.333%	14.000 52.500%	30.000	20.000 33.333%	2.000	8.000 13.333%	0.000	100.000	0.000	1.080
990078 Chili Crispito, HS- 2 each	SERVING (2)	182	480.000	7.000 13.125%	680.000	4.000 3.333%	28.000 52.500%	60.000	40.000 33.333%	4.000	16.000 13.333%	0.000	200.000	0.000	2.160
990042 Chili Dog*	EACH	209	417.456	5.849 12.610%	1178.759	7.717 7.394%	19.548 42.144%	65.577	44.053 42.211%	4.823	18.153 17.394%	14.679	154.844	8.033	3.189
109 CHILI, G/F-L/F	CUPS	230	239.256	4.320 16.250%	631.096	3.459 5.783%	12.314 46.319%	40.000	17.701 29.594%	5.806	14.464 24.182%	247.665	51.281	0.006	2.893
990115 CHILI, NO BEANS-G/F-L/F	CUPS	140	162.494	4.320 23.926%	261.244	2.063 5.078%	11.616 64.335%	40.000	3.745 9.218%	1.619	10.277 25.298%	247.665	23.367	0.006	1.889

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
990116 Choc. Iced Breakfast Bun	Each	96	366.358	6.972 17.128%	334.580	29.272 31.960%	15.430 37.906%	0.000	52.244 57.041%	3.000	5.000 5.459%	0.000	13.000	0.000	1.440
203 CICI'S PIZZA BEEF	SERVING	116	240.000	5.000 18.750%	620.000	*N/A* *N/A*	11.000 41.250%	25.000	31.000 51.667%	2.000	12.000 20.000%	300.000	150.000	1.200	1.800
990147 Cinnamon Roll, Iced	each	85	275.298	2.310 7.552%	230.000	29.680 43.124%	6.215 20.318%	5.000	50.490 73.360%	1.000	4.000 5.812%	0.000	20.000	0.000	1.440
875 Cookie, Dbl. Choc.*	EACH	28	120.000	2.500 18.750%	105.000	11.000 36.667%	6.000 45.000%	5.000	17.000 56.667%	1.000	1.000 3.333%	200.000	0.000	0.000	0.360
1017 COOKIE, GLUTEN/LACTOSE FREE	SERVING	25	120.000	1.000 7.500%	160.000	13.000 43.333%	4.000 30.000%	5.000	21.000 70.000%	0.000	1.000 3.333%	0.000	0.000	0.000	0.360
622 Cookie-Choc. Chip*	1 EACH	28	130.000	3.000 20.769%	95.000	10.000 30.769%	6.000 41.538%	5.000	17.000 52.308%	1.000	1.000 3.077%	100.000	0.000	0.000	0.720
990074 Cookies, Carnival*	1 each	27	120.000	2.500 18.750%	105.000	10.000 33.333%	5.000 37.500%	5.000	17.000 56.667%	0.000	1.000 3.333%	4.000	0.000	0.000	4.000
826 Corn Dog*	EACH	113	242.996	2.531 9.375%	475.867	8.100 13.334%	9.112 33.750%	40.499	30.375 50.000%	2.025	9.112 14.999%	0.000	70.874	0.000	1.519
780 Corn*	1/2 CUP	82	87.273	0.000 0.000%	0.000	*N/A* *N/A*	0.485 4.999%	0.000	18.424 84.444%	1.939	2.909 13.333%	0.000	0.000	2.909	0.000
990154 Craisins	Each	33	109.951	0.000 0.000%	0.000	23.989 87.272%	0.000 0.000%	0.000	26.988 98.182%	1.999	0.000 0.000%	0.000	0.000	0.000	0.000
946 CUCUMBERS, SLICED	1/2 CUP	60	5.950	0.046 7.018%	1.190	0.821 55.193%	0.095 14.400%	0.000	1.285 86.400%	0.416	0.351 23.597%	42.840	8.330	1.904	0.131
990113 Deli Ham & Cheese on G/F Bread*	EACH	162	331.124	5.759 15.654%	1787.548	6.037 7.293%	16.538 44.949%	62.968	27.038 32.661%	1.000	19.150 23.133%	400.000	140.000	0.000	0.000
990102 Deli Ham on G/F Bread*	EACH	134	231.124	0.759 2.957%	1277.548	6.037 10.448%	7.538 29.351%	37.968	27.038 46.793%	1.000	14.150 24.489%	0.000	40.000	0.000	0.000
870 Dinner Roll, Prebaked	EACH	31	80.000	0.000 0.000%	140.000	1.000 5.000%	1.500 16.875%	0.000	14.000 70.000%	2.000	4.000 20.000%	0.000	30.000	0.000	0.720
990085 DONUT, VANILLA GLAZED, G/F	EACH	53	210.000	2.500 10.714%	200.000	19.000 36.190%	6.000 25.714%	15.000	37.000 70.476%	1.000	2.000 3.810%	0.000	20.000	0.000	0.360
1009 DRESSING, ITALIAN	OZ	28	20.000	0.000 0.000%	390.000	*N/A* *N/A*	0.000 0.000%	0.000	5.000 100.000%	0.000	0.000 0.000%	0.000	0.000	0.000	0.000
990105 DRESSING, RANCH, D/F-S/F-G/F	2 TBSP.	30	140.000	1.000 6.429%	220.000	1.000 2.857%	14.000 90.000%	0.000	2.000 5.714%	0.000	0.000 0.000%	0.000	40.000	0.000	0.000

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
990100 EGG PATTY	1 EACH	35	200.000	3.500 15.750%	310.000	*N/A* *N/A%*	16.000 72.000%	310.000	3.000 6.000%	0.000	9.000 18.000%	400.000	60.000	0.000	1.440
742 French Fries*	1/2 CUP	65	113.341	0.945 7.500%	273.908	0.000 0.000%	5.667 45.000%	0.000	15.112 53.334%	0.945	0.945 3.335%	94.451	0.000	4.534	0.340
990159 French Toast Sticks Indiv. Wrapped	Each	85	240.000	1.000 3.750%	260.000	12.000 20.000%	7.000 26.250%	10.000	38.000 63.333%	2.000	6.000 10.000%	0.000	21.000	0.000	0.600
765 Fresh Broccoli*	1/2 cup	32	10.844	0.036 3.021%	10.525	0.542 19.993%	0.118 9.793%	0.000	2.118 78.115%	0.829	0.899 33.161%	198.695	14.990	28.449	0.233
998 Fritos*	Serving-32 chip	28	160.000	1.500 8.438%	160.000	0.000 0.000%	10.000 56.250%	0.000	16.000 40.000%	1.000	2.000 5.000%	0.000	20.000	0.000	0.000
637 Fudge Bar*	EACH	92	130.000	1.000 6.923%	95.000	21.000 64.615%	1.500 10.385%	5.000	25.000 76.923%	0.000	5.000 15.385%	100.000	150.000	0.000	0.720
766 Garden Salad *	CUP	113	24.592	0.011 0.388%	15.231	*0.994* *16.168%*	0.076 2.767%	0.000	4.139 67.316%	1.343	1.222 19.876%	981.916	21.568	9.448	0.102
990036 Garlic Toast*	SLICE	34	90.000	0.000 0.000%	160.000	0.000 0.000%	2.500 25.000%	0.000	15.000 66.667%	1.000	3.000 13.333%	0.000	9.000	0.000	1.000
107 GRAPES*	1/2 CUP	113	75.977	0.129 1.532%	2.268	18.427 97.014%	0.397 4.702%	0.000	19.448 102.388%	1.021	0.714 3.759%	113.398	15.876	4.536	0.329
990114 Gravy, Brown, Sp. Diets	1/4 cup	67	20.250	0.000 0.000%	356.169	*0.000* *0.000%*	0.000 0.000%	0.000	5.062 99.998%	0.000	0.000 0.000%	0.000	1.200	0.000	0.006
384 Green beans*	1/2 cup	133	22.129	0.000 0.000%	420.449	2.213 40.002%	0.000 0.000%	0.000	4.426 80.000%	2.213	1.106 19.992%	221.289	22.129	3.983	0.000
990131 Grilled Cheese Sandwich	Each	124	411.814	14.669 32.059%	956.562	4.009 3.894%	27.018 59.046%	68.030	32.009 31.090%	4.000	15.621 15.173%	954.858	161.408	0.000	8.003
990133 Grilled Cheese Sandwich, Deluxe	Each	133	448.647	17.169 34.442%	806.990	2.420 2.158%	30.330 60.842%	81.530	29.675 26.458%	4.024	18.656 16.633%	1004.858	329.444	0.000	0.808
491 Grilled Chicken Sandwich*	SANDWICH	137	308.497	2.500 7.293%	647.596	3.960 5.135%	12.485 36.423%	40.990	33.700 43.695%	1.980	18.930 24.545%	0.000	99.499	0.000	2.683
990136 Guacamole	Tbsp	15	30.000	0.500 15.000%	65.000	0.000 0.000%	2.500 75.000%	0.000	1.000 13.333%	1.000	0.500 6.667%	100.000	0.000	1.200	0.000
990030 Ham & Cheese Breakfast Croissant*	1 EACH	98	226.386	3.515 13.974%	758.407	4.030 7.121%	8.292 32.966%	18.906	29.179 51.556%	2.012	10.330 18.252%	100.000	96.422	0.000	1.006
990139 Ham & Cheese Wrap	Each	181	375.749	8.006 19.177%	1531.696	*2.025* *2.156%*	17.025 40.779%	50.312	36.025 38.350%	2.333	18.433 19.623%	466.667	200.000	1.200	1.620

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
627 Ham and Cheese Croissant	EACH	175	362.135	7.771 19.314%	1819.274	6.055 6.688%	17.067 42.416%	62.968	31.204 34.467%	2.012	22.180 24.499%	400.000	171.422	0.000	1.006
161 Hamburger on a bun*	EACH	133	288.497	3.500 10.919%	507.596	3.960 5.491%	10.485 32.709%	30.990	31.700 43.951%	2.980	19.930 27.633%	100.000	69.499	1.200	3.483
1008 HAMBURGER, GLUTEN/LACTOSE FREE	EACH	187	477.000	8.600 16.226%	435.000	5.000 4.193%	28.000 52.830%	80.000	32.000 26.834%	4.000	24.000 20.126%	15.000	4.000	0.000	4.160
605 Hot Dog on a Bun*	EACH	118	338.497	5.000 13.294%	817.596	5.960 7.043%	17.485 46.489%	60.000	33.700 39.823%	1.980	12.930 15.279%	0.000	129.499	0.000	2.043
1012 HOT DOG/BUN, UDI'S	EACH	124	380.000	5.000 11.842%	930.000	7.000 7.368%	21.000 49.737%	60.000	38.000 40.000%	4.000	10.000 10.526%	25.000	100.000	0.000	1.080
990066 Hot Ham & Cheese Croissant K-8*	EACH	133	281.761	5.018 16.029%	1225.091	5.043 7.159%	11.555 36.908%	37.812	30.192 42.861%	2.012	15.630 22.189%	200.000	121.422	0.000	1.006
990143 Italian Dunker Sauce (1 cup)*	SERVING	237	198.869	3.120 14.121%	608.255	*11.003* *22.131%*	8.661 39.196%	31.169	18.002 36.209%	3.894	14.282 28.726%	802.050	51.445	8.329	2.986
800 Italian Dunkers (1 cup)*	SERVING	326	436.963	5.495 11.317%	1067.783	*15.554* *14.238%*	17.604 36.259%	34.909	53.008 48.524%	8.169	21.804 19.960%	870.215	55.695	8.751	4.848
383 Jelly*	ea	14	37.237	0.001 0.017%	4.200	7.170 77.020%	0.003 0.068%	0.000	9.792 105.189%	0.140	0.021 0.226%	0.700	0.980	0.126	0.027
990070 Juice Cup-Mango/Strawberry*	CUP	125	70.000	0.000 0.000%	5.000	15.000 85.714%	0.000 0.000%	0.000	18.000 102.857%	3.000	0.000 0.000%	10.000	8.000	100.000	2.000
990072 Juice Cup-Orange/Pineapple/Cherry Swirl*	CUP	125	70.000	0.000 0.000%	10.000	16.000 91.429%	0.000 0.000%	0.000	19.000 108.571%	3.000	0.000 0.000%	10.000	8.000	100.000	2.000
990071 Juice Cup-Wild Cherry*	CUP	125	70.000	0.000 0.000%	10.000	16.000 91.429%	0.000 0.000%	0.000	19.000 108.571%	3.000	0.000 0.000%	10.000	8.000	100.000	2.000
922 Juice, Asst.*	EACH	113	60.000	0.000 0.000%	5.000	12.000 80.000%	0.000 0.000%	0.000	14.333 95.555%	0.000	0.000 0.000%	0.000	2.000	45.333	0.033
868 Ketchup, packet*	EACH	9	10.000	0.000 0.000%	25.000	2.000 80.000%	0.000 0.000%	0.000	2.000 80.000%	0.000	0.000 0.000%	0.000	0.000	0.000	0.000
990104 KETCHUP-G/F SPECIAL DIET	SERVING	17	20.000	0.000 0.000%	160.000	4.000 80.000%	0.000 0.000%	0.000	5.000 100.000%	0.000	0.000 0.000%	2.000	0.000	2.000	0.000
784 Lettuce/Tomato-1 cup*summer	CUP	165	29.410	0.021 0.640%	14.392	*1.959* *26.644%*	0.149 4.560%	0.000	6.098 82.938%	1.961	1.722 23.421%	833.918	7.450	14.046	0.201
990087 MAC & CHEESE G/F, D/F	1/3 CUP	2033	258.855	2.489 8.654%	425.970	*0.000* *0.000%*	10.952 38.077%	0.000	35.841 55.385%	1.493	3.982 6.153%	0.000	68.268	0.000	0.730

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
990167 Macaroni & Cheese (2/3 c)	2/3 cup	170	280.000	5.000 16.071%	670.000	6.000 8.571%	11.000 35.357%	25.000	29.000 41.429%	2.000	17.000 24.286%	750.000	400.000	0.000	1.080
990041 Macaroni & Cheese*	1/3 CUP	85	140.000	2.500 16.071%	335.000	3.000 8.571%	5.500 35.357%	12.500	14.500 41.429%	1.000	8.500 24.286%	375.000	200.000	0.000	0.540
990162 Mandarin Oranges, Cup	Cup	113	70.000	0.000 0.000%	0.000	14.000 80.000%	0.000 0.000%	0.000	16.000 91.429%	1.000	1.000 5.714%	100.000	30.000	18.000	0.000
990117 Maple Iced Breakfast Bun	Each	96	366.358	6.972 17.128%	324.860	31.216 34.083%	14.458 35.518%	0.000	54.188 59.163%	3.000	5.000 5.459%	0.000	13.000	0.000	1.440
1010 MARGARINE	TBSP	14	50.000	1.500 27.000%	100.000	0.000 0.000%	6.000 108.000%	0.000	0.000 0.000%	0.000	0.000 0.000%	500.000	0.000	0.000	0.000
602 Marinara Sauce*	1/2 CUP	201	98.732	0.006 0.052%	224.794	*12.853* *52.072%*	1.632 14.880%	0.000	19.826 80.323%	3.418	3.297 13.357%	827.679	40.364	9.915	1.821
1015 Mashed Potatoes-Instant*	1/2 CUP	105	69.773	0.001 0.009%	23.504	*0.697* *3.996%*	0.002 0.021%	0.000	14.658 84.031%	1.405	1.398 8.015%	0.263	1.946	0.000	0.264
990142 Meat Deluxe Penne	Serving	252	240.501	4.892 18.307%	714.566	*11.003* *18.300%*	11.698 43.777%	38.763	18.735 31.160%	4.400	17.876 29.731%	941.051	152.693	8.337	2.995
990035 Meatball Sub*	Each	153	262.766	7.322 25.077%	504.585	5.282 8.041%	16.671 57.100%	40.283	12.773 19.443%	2.130	18.415 28.033%	266.478	26.854	5.175	8.577
990144 Mexican Fiesta Rice	.5 cup	92	99.089	0.000 0.000%	319.000	1.486 5.999%	0.495 4.500%	0.000	21.304 86.000%	0.495	2.477 9.999%	0.000	21.732	4.459	0.892
972 MILK, LOWFAT, BORDEN *	CARTON	227	110.000	1.500 12.273%	130.000	12.000 43.636%	2.500 20.455%	10.000	13.000 47.273%	0.000	8.000 29.091%	500.000	300.000	2.400	0.000
971 MILK, SKIM, STRAW., BORDEN*	CARTON	227	110.000	0.000 0.000%	125.000	18.000 65.455%	0.000 0.000%	5.000	19.000 69.091%	0.000	8.000 29.091%	1750.000	300.000	1.200	0.000
973 MILK, SKIM CHOCOLATE, BORDEN*	CARTON	227	120.000	0.000 0.000%	180.000	18.000 60.000%	0.000 0.000%	5.000	20.000 66.667%	0.000	8.000 26.667%	500.000	300.000	1.200	0.000
912 Mini Chocolate Donuts*	POUCH	91	330.000	11.000 30.000%	240.000	22.000 26.667%	18.000 49.091%	20.000	41.000 49.697%	3.000	3.000 3.636%	0.000	30.000	0.000	2.000
822 Mini Cinni*	PACKAGE	65	240.000	1.500 5.625%	270.000	15.000 25.000%	7.000 26.250%	0.000	39.000 65.000%	2.000	5.000 8.333%	0.000	40.000	0.000	1.440
711 Mini Corn Dogs*	6 EACH	114	274.738	3.561 11.667%	417.194	5.088 7.408%	12.211 40.000%	40.702	30.526 44.444%	5.088	10.175 14.814%	0.000	152.632	0.000	1.832
990120 Mini Pancake Wraps (6)	Serving	144	360.000	5.000 12.500%	560.000	8.000 8.889%	18.000 45.000%	50.000	30.000 33.333%	6.000	12.000 13.333%	0.000	40.000	0.000	3.600

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
990076 Mini Pancake Wraps, Maple*	3 EACH	72	180.000	2.500 12.500%	280.000	4.000 8.889%	9.000 45.000%	25.000	15.000 33.333%	3.000	6.000 13.333%	0.000	20.000	0.000	1.800
970 Mini Pancakes, Eggo*	SERVING	86	210.000	1.000 4.286%	310.000	11.000 20.952%	6.000 25.714%	10.000	35.000 66.667%	4.000	4.000 7.619%	500.000	60.000	0.000	2.700
911 Mini Powdered Donuts*	POUCH	85	270.000	3.000 10.000%	230.000	21.000 31.111%	11.000 36.667%	0.000	41.000 60.741%	2.000	4.000 5.926%	0.000	60.000	0.000	0.720
990075 Mini Waffles, Blueberry Bash*	PACKAGE	70	200.000	1.000 4.500%	170.000	10.000 20.000%	6.000 27.000%	0.000	36.000 72.000%	3.000	4.000 8.000%	0.000	20.000	0.000	0.720
873 Miracle Whip, lite*	PKT	12	15.000	0.000 0.000%	105.000	0.000 0.000%	1.000 60.000%	0.000	1.000 26.667%	0.000	0.000 0.000%	0.000	0.000	0.000	0.000
827 Mozzarella Cheese Sticks, Breaded	5 EACH	128	400.000	7.500 16.875%	425.000	2.500 2.500%	20.000 45.000%	25.000	35.000 35.000%	2.500	20.000 20.000%	500.000	500.000	0.000	1.800
956 Muffin, Apple Cinnamon*	EACH	57	190.000	2.000 9.474%	130.000	16.000 33.684%	6.000 28.421%	40.000	31.000 65.263%	2.000	3.000 6.316%	100.000	40.000	2.400	1.080
955 Muffin, Banana*	EACH	57	190.000	2.000 9.474%	130.000	17.000 35.789%	6.000 28.421%	40.000	31.000 65.263%	2.000	3.000 6.316%	100.000	40.000	0.000	0.720
954 Muffin, Blueberry*	EACH	57	190.000	2.000 9.474%	130.000	16.000 33.684%	6.000 28.421%	45.000	30.000 63.158%	2.000	3.000 6.316%	100.000	20.000	0.000	1.080
990082 MUFFIN, BLUEBERRY, GLUTEN FREE	EACH	53	130.000	0.750 5.192%	175.600	*12.500* *38.462%*	2.500 17.308%	0.000	25.500 78.462%	0.000	1.000 3.077%	0.000	162.900	0.000	0.502
990054 Muffin, Dbl. Choc. Chip*	EACH	57	170.000	1.000 5.294%	130.000	15.000 35.294%	6.000 31.765%	20.000	28.000 65.882%	1.000	2.000 4.706%	0.000	20.000	0.000	1.080
893 Mustard*	PACKET	5	5.000	0.000 0.000%	70.000	0.000 0.000%	0.000 0.000%	0.000	0.000 0.000%	0.000	0.000 0.000%	0.000	0.000	0.000	0.000
990061 NACHO SUPREME -Summer Feeding	SERVING	166	313.678	3.534 10.141%	980.386	*0.000* *0.000%*	16.924 48.558%	30.303	28.638 36.519%	3.499	13.127 16.739%	195.508	20.309	0.000	2.060
700 Nacho Supreme*	SERVING	194	487.860	5.658 10.439%	1019.100	*0.000* *0.000%*	25.683 47.380%	35.688	46.763 38.341%	5.533	17.315 14.197%	195.508	64.469	0.000	2.670
990103 NACHOS-G/F-D/F SPECIAL DIETS	EACH	125	371.762	6.956 16.840%	56.475	*0.000* *0.000%*	23.325 56.467%	60.000	23.203 24.965%	2.025	17.013 18.305%	380.384	15.150	0.000	2.759
990062 ONIONS,RAW*	1 Slice	14	5.600	0.006 0.948%	0.560	0.594 42.429%	0.014 2.250%	0.000	1.308 93.400%	0.238	0.154 11.000%	0.280	3.220	1.036	0.029
797 ORANGE SLICES HS *	4 EACH	96	45.120	0.014 0.287%	0.000	8.976 79.574%	0.115 2.298%	0.000	11.280 100.000%	2.304	0.902 7.996%	216.000	38.400	51.072	0.096

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
86 ORANGES*	EACH	96	45.120	0.014 0.287%	0.000	8.976 79.574%	0.115 2.298%	0.000	11.280 100.000%	2.304	0.902 7.996%	216.000	38.400	51.072	0.096
990088 PANCAKES, G/F-D/F	2 EACH	121	262.691	1.999 6.850%	467.164	*2.674* *4.072*	10.890 37.311%	41.111	36.551 55.657%	0.891	3.116 4.745%	0.000	274.737	0.000	2.635
975 PB&J on Graham Wafers*	EACH	65	310.000	4.000 11.613%	210.000	13.000 16.774%	18.000 52.258%	0.000	31.000 40.000%	5.000	10.000 12.903%	0.000	20.000	0.000	1.080
748 Peaches, Diced*	1/2 CUP	124	59.061	0.000 0.000%	0.000	10.828 73.334%	0.000 0.000%	0.000	4.922 33.334%	0.000	0.000 0.000%	295.307	0.000	1.181	0.000
990163 Peaches, Diced, Cup	Cup	113	50.000	0.000 0.000%	0.000	10.000 80.000%	0.000 0.000%	0.000	12.000 96.000%	1.000	0.000 0.000%	8.000	5.000	60.000	0.000
438 Pears, Diced*	1/2 CUP	129	62.623	0.000 0.000%	10.437	11.481 73.334%	0.000 0.000%	0.000	14.612 93.334%	2.087	0.000 0.000%	57.405	0.000	1.252	0.376
990160 Pears, Diced, cup	Cup	113	70.000	0.000 0.000%	0.000	14.000 80.000%	0.000 0.000%	0.000	18.000 102.857%	3.000	1.000 5.714%	0.000	0.000	18.000	0.000
585 Peas, Frozen*	1/2 CUP	95	74.485	0.047 0.565%	68.755	4.202 22.566%	0.258 3.115%	0.000	13.617 73.128%	4.297	4.918 26.411%	2005.354	22.918	9.454	1.451
990069 Philly Steak Sandwich*	EACH	202	344.755	6.062 15.825%	642.359	*3.466* *4.021*	15.047 39.280%	56.039	30.331 35.192%	4.493	23.639 27.427%	186.301	152.473	21.120	8.946
1023 Philly Steak Sandwich*	EACH	196	336.849	5.993 16.012%	637.769	*3.112* *3.695*	14.900 39.811%	55.594	28.837 34.243%	4.205	23.308 27.678%	207.270	143.548	26.067	8.851
354 Picante Sauce*	Packet	14	5.000	0.000 0.000%	140.000	0.000 0.000%	0.000 0.000%	0.000	1.000 80.000%	0.000	0.000 0.000%	0.000	0.000	1.200	0.000
990063 Pickles	1 Slice	28	0.000	0.000 *N/A*	380.000	0.000 *N/A*	0.000 *N/A*	0.000	0.000 *N/A*	0.000	0.000 *N/A*	0.000	6.000	0.000	0.000
375 Pineapple Tidbits*	1/2 cup	138	79.112	0.000 0.000%	0.000	15.822 79.998%	0.000 0.000%	0.000	19.213 97.143%	1.130	0.000 0.000%	0.000	6.781	0.000	0.000
990164 Pineapple Tidbits, Cup	Cup	113	60.000	0.000 0.000%	0.000	14.000 93.333%	0.000 0.000%	0.000	15.000 100.000%	1.000	0.000 0.000%	0.000	0.000	30.000	0.360
201 Pizza, CiCi's Cheese*	EACH	145	304.884	3.037 8.965%	441.948	3.417 4.483%	7.594 22.417%	10.125	40.398 53.001%	0.354	19.592 25.704%	493.332	353.863	2.303	2.014
990109 Pizza, CiCi's Meat Lovers	Slice	152	352.736	4.544 11.594%	723.899	3.797 4.306%	13.496 34.435%	26.021	38.851 44.057%	0.734	18.665 21.166%	313.110	178.703	2.303	2.551
202 Pizza, CiCi's Pepperoni*	EACH	152	337.549	4.164 11.102%	556.840	3.417 4.049%	10.522 28.055%	14.630	40.623 48.139%	0.354	20.943 24.818%	493.000	353.863	2.303	2.095

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
990038 Pizza, CiCi's, Buffalo Chicken	EACH	151	302.211	2.473 7.365%	702.612	2.992 3.960%	8.068 24.027%	23.209	37.798 50.029%	0.089	19.708 26.085%	216.266	214.018	868.000	2.041
990108 Pizza, CiCi's, Chicken Parmesan	Slice	151	309.404	2.881 8.380%	582.392	2.939 3.800%	8.813 25.635%	23.545	37.887 48.981%	0.018	19.762 25.548%	216.266	216.785	0.018	1.968
990101 PIZZA, DAIYA D/F-G/F CHEESE LOVER'S	1 SLICE	148	390.000	4.500 10.385%	670.000	4.000 4.103%	17.000 39.231%	0.000	54.000 55.385%	5.000	4.000 4.103%	8.000	6.000	0.000	6.000
1020 PIZZA, PEPPERONI, GLUTEN FREE	EACH	153	390.000	9.000 20.769%	720.000	6.000 6.154%	16.000 36.923%	35.000	48.000 49.231%	2.000	13.000 13.333%	500.000	250.000	9.000	0.720
990125 Pizza, Pepperoni, Little Caesar's	slice	149	370.000	9.000 21.892%	800.000	2.000 2.162%	17.000 41.351%	45.000	33.000 35.676%	2.000	20.000 21.622%	100.000	400.000	1.200	1.800
848 Popcorn Chicken*	SERVING	95	255.051	2.772 9.783%	388.121	1.109 1.739%	14.416 50.869%	22.178	15.525 24.348%	3.327	15.525 24.348%	0.000	36.594	0.000	2.218
597 Popcorn Shrimp w/Garlic Bread*	20 each	119	320.000	2.000 5.625%	650.000	1.000 1.250%	13.500 37.969%	60.000	37.000 46.250%	4.000	15.000 18.750%	110.000	40.000	1.000	3.300
1018 POTATO BUDS, Gluten/lactose free	1/2 CUP	138	70.435	0.000 0.000%	23.165	*0.000* *0.000%*	0.000 0.000%	0.000	14.870 84.444%	0.783	1.565 8.888%	0.000	2.400	0.000	0.012
1019 POTATO BUDS, LACTOSE FREE	2/3 CUP	152	120.435	1.500 11.209%	123.165	*0.000* *0.000%*	6.000 44.837%	0.000	14.870 49.386%	0.783	1.565 5.198%	500.000	2.400	0.000	0.012
990171 Potato, Baked	EACH	369	364.710	1.563 3.857%	1032.540	*6.025* *6.608%*	9.252 22.831%	25.312	60.039 65.848%	3.685	14.053 15.413%	283.495	28.350	17.010	2.551
604 Potato, Baked w/Chili*	EACH	557	499.548	4.935 8.890%	1171.001	*5.430* *4.348%*	9.925 17.880%	28.859	83.835 67.129%	10.945	23.336 18.686%	380.774	150.650	37.521	5.477
386 Quesadilla, Chicken*	EACH	142	320.000	2.500 7.031%	770.000	0.000 0.000%	11.000 30.938%	20.000	38.000 47.500%	4.000	18.000 22.500%	300.000	200.000	0.000	2.700
990153 Raisins	Each	43	130.074	0.000 0.000%	0.000	25.014 76.922%	0.000 0.000%	0.000	34.019 104.616%	2.001	1.001 3.078%	0.000	21.012	0.000	1.001
869 Ranch Dressing, Lite Cup*	EACH	28	60.105	0.501 7.500%	370.647	3.005 19.998%	3.506 52.500%	5.009	7.012 46.666%	0.000	0.000 0.000%	0.000	0.000	0.000	0.000
390 Refried Beans*	1/2 CUP	133	137.085	0.000 0.000%	135.069	*0.000* *0.000%*	0.490 3.214%	0.000	24.479 71.428%	8.813	8.813 25.715%	0.000	5.837	1.958	9.801
894 RICE, BURRITO RCP HS*	1/2 CUP	102	102.954	0.000 0.000%	118.878	*0.559* *2.172%*	0.800 6.993%	0.000	21.421 83.227%	1.862	2.133 8.287%	326.943	12.361	3.356	0.399
867 Roll, Honey Wheat*	EACH	43	120.000	0.500 3.750%	200.000	3.000 10.000%	1.500 11.250%	0.000	21.000 70.000%	2.000	4.000 13.333%	0.000	20.000	0.000	1.080

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
888 SACK LUNCH #1	EACH	685	749.007	7.077 8.504%	2248.661	*30.969* *16.539%*	22.951 27.577%	60.321	109.638 58.551%	12.324	30.076 16.062%	9326.160	460.956	10.304	2.281
890 SACK LUNCH #3	EACH	641	817.425	8.071 8.886%	1298.867	58.932 28.838%	32.914 36.239%	25.009	108.447 53.068%	12.300	25.940 12.694%	9126.160	574.920	11.504	9.476
790 SALAD BAR '15-16 MS.*	SERVING	195	45.659	0.060 1.175%	61.512	*3.441* *30.145%*	0.244 4.814%	0.000	8.884 77.833%	3.148	2.097 18.371%	5946.593	49.043	26.767	0.615
949 SALAD BAR, CAMPUS*	SERVING	337	83.012	0.142 1.537%	110.793	*6.469* *31.171%*	0.509 5.515%	0.000	16.505 79.530%	5.908	4.057 19.549%	11568.867	92.060	68.499	1.332
172 SALSA *	1/4 cup	61	20.977	0.000 0.000%	146.839	2.098 40.006%	0.000 0.000%	0.000	4.195 80.000%	2.098	0.000 0.000%	1048.850	41.954	12.586	0.755
990064 Sauce, Cocktail	1 each	12	15.000	0.000 0.000%	110.000	2.000 53.333%	0.000 0.000%	0.000	3.000 80.000%	0.000	0.000 0.000%	0.000	0.000	4.000	0.000
990029 Sausage & Cheese Biscuit*	1 EACH	109	315.000	10.250 29.286%	907.500	3.000 3.810%	19.250 55.000%	36.250	24.000 30.476%	0.000	11.250 14.286%	105.000	45.000	0.000	1.440
990032 Sausage & Cheese Breakfast Croissant*	1 EACH	109	306.012	6.262 18.417%	619.226	4.018 5.252%	16.280 47.880%	36.250	28.167 36.818%	2.012	12.280 16.052%	105.000	116.422	0.000	1.366
402 Sausage Patty (Bkfst)*	EACH	35	74.867	1.497 18.000%	199.645	0.000 0.000%	4.991 60.000%	24.956	0.499 2.667%	0.000	5.989 31.998%	49.911	9.982	0.599	0.539
997 Sausage Patty*	2 EACH	80	220.000	6.000 24.545%	400.000	2.000 3.636%	18.000 73.636%	60.000	0.000 0.000%	0.000	12.000 21.818%	10.000	40.000	0.000	0.720
990 Sausage Patty, Pork*	EACH	40	110.000	3.000 24.545%	200.000	1.000 3.636%	9.000 73.636%	30.000	0.000 0.000%	0.000	6.000 21.818%	5.000	20.000	0.000	0.360
653 SAUSAGE/EGG/CHEESE BISCUIT (SUMMER FEEDING)	SANDWICH	152	540.000	15.000 25.000%	1345.000	*3.000* *2.222%*	37.500 62.500%	352.500	27.000 20.000%	0.000	21.500 15.926%	605.000	130.000	0.000	2.880
990084 SAUSAGE/MUFFIN G/F	EACH	120	290.000	3.000 9.310%	700.000	8.000 11.034%	10.500 32.586%	34.000	37.000 51.034%	0.000	10.000 13.793%	5.000	30.000	2.000	4.360
812 Scalloped Potatoes*	1/2 CUP	177	182.686	0.000 0.000%	764.112	*6.511* *14.256%*	1.628 8.019%	0.000	36.537 80.000%	1.628	3.255 7.127%	32.554	35.464	9.766	0.601
914 Scalloped Potatoes, 3/8 cup*	3/8 CUP	104	107.654	0.000 0.000%	450.280	*3.837* *14.257%*	0.959 8.019%	0.000	21.531 80.000%	0.959	1.918 7.127%	19.184	20.898	5.755	0.354
872 Seasoned Potato Wedges*	1/2 CUP	82	134.400	0.960 6.429%	172.800	0.480 1.429%	5.760 38.571%	0.000	18.240 54.286%	0.960	0.960 2.857%	0.000	0.000	5.760	0.000
990111 Sloppy Joe- G/F, D/F, S/F	Each	278	581.200	6.880 10.654%	1367.200	25.800 17.756%	23.400 36.235%	64.000	71.200 49.002%	6.400	20.200 13.902%	255.200	18.000	6.080	4.592

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
36 SOFT BEEF TACO	EACH	117	312.621	8.587 24.722%	980.111	1.012 1.295%	18.187 52.359%	45.562	19.050 24.374%	1.000	18.200 23.287%	6.075	70.250	0.600	2.178
990134 Soft Chicken Taco	Each	131	265.437	3.266 11.072%	997.434	1.000 1.507%	7.525 25.515%	65.062	19.519 29.414%	1.000	28.037 42.250%	3.037	80.125	0.600	1.440
990130 Soup, Cream of Potato	serving	113	180.000	3.500 17.500%	860.000	4.000 8.889%	10.000 50.000%	20.000	18.000 40.000%	1.000	4.000 8.889%	100.000	40.000	0.000	0.360
990135 Sour Cream	Serving	15	20.000	0.750 33.750%	17.500	0.500 10.000%	1.250 56.250%	5.000	1.500 30.000%	0.000	0.500 10.000%	30.000	25.000	0.000	0.000
990149 SOUTHERN BREAKFAST BOWL	BOWL	206	445.374	11.476 23.191%	1353.468	2.000 1.796%	25.720 51.974%	25.125	39.748 35.698%	1.260	12.705 11.411%	6.075	20.250	1.512	1.080
942 Soy Milk, Kikkoman*	CUP	227	143.000	0.470 2.958%	169.000	6.640 18.573%	3.000 18.881%	0.000	20.000 55.944%	0.740	3.620 10.126%	1220.000	407.600	0.000	1.530
897 SPAGHETTI W/MEAT SAUCE, G/F-D/F-S/F	1 CUP	232	370.300	6.884 16.730%	304.550	*4.500* *4.861%*	19.419 47.196%	64.000	29.661 32.039%	1.605	18.232 19.694%	31.750	35.850	0.640	2.378
990040 Spicy Chicken Sandwich*	EACH	161	418.497	3.000 6.452%	637.596	4.960 4.741%	16.485 35.452%	25.990	46.700 44.635%	4.980	21.930 20.961%	2.000	89.499	0.000	4.383
990128 Steak Nuggets	serving	97	306.251	6.125 18.000%	280.001	0.875 1.143%	21.000 61.714%	35.000	17.500 22.857%	2.625	13.125 17.143%	0.000	35.000	0.000	2.363
782 Strawberries/Bananas*	1/2 CUP	154	159.574	0.112 0.631%	1.542	23.635 59.245%	0.329 1.857%	0.000	36.944 92.607%	3.683	1.088 2.727%	63.866	4.990	13.581	0.259
990141 Street Taco	Serving	145	320.127	6.255 17.584%	670.324	*0.000* *0.000%*	15.487 43.540%	47.594	27.870 34.823%	1.722	19.525 24.397%	105.436	125.195	2.437	19.291
990170 String Cheese*	2 EACH	56	160.000	7.000 39.375%	400.000	0.000 0.000%	12.000 67.500%	30.000	2.000 5.000%	0.000	12.000 30.000%	400.000	400.000	0.000	0.000
785 String Cheese*	EACH	28	80.000	3.500 39.375%	200.000	0.000 0.000%	6.000 67.500%	15.000	1.000 5.000%	0.000	6.000 30.000%	200.000	200.000	0.000	0.000
1024 SunChips, Harvest Cheddar*	EACH	28	140.000	1.000 6.429%	210.000	2.000 5.714%	6.000 38.571%	0.000	18.000 51.429%	2.000	2.000 5.714%	0.000	20.000	0.000	0.700
990051 Sweet and Sour Sauce	1 EACH	28	56.699	0.000 0.000%	108.673	11.340 80.001%	0.000 0.000%	0.000	13.230 93.334%	0.000	0.000 0.000%	0.000	0.000	1.890	0.000
349 Syrup, Pancake*	PC(1.5OZ)	43	120.000	0.000 0.000%	29.000	19.000 63.333%	0.000 0.000%	0.000	30.000 100.000%	0.000	0.000 0.000%	95.000	0.000	0.000	0.180
617 Taco Burger-Campus*	EACH	159	318.670	4.296 12.133%	1201.714	*3.960* *4.971%*	10.581 29.882%	36.355	35.378 44.407%	4.565	21.078 26.457%	419.042	80.093	0.000	3.139

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
896 TACO MEAT 2 oz.*	2 oz.	70	121.262	2.727 20.242%	689.881	*0.000* *0.000%*	6.364 47.230%	27.273	3.744 12.350%	2.327	10.000 32.986%	374.404	18.332	0.000	1.310
609 TACO MEAT, 1.67 oz.*	#12 dipper	58	101.052	2.273 20.241%	574.901	*0.000* *0.000%*	5.303 47.230%	22.727	3.120 12.350%	1.939	8.333 32.985%	312.003	15.277	0.000	1.092
1014 TACO MEAT, GLUTEN/LACT. FREE	Serving	97	230.015	6.450 25.237%	56.475	*0.000* *0.000%*	17.250 67.496%	60.000	2.953 5.135%	0.000	14.988 26.064%	380.384	15.150	0.000	2.152
623 TACO SALAD	serving	317	560.685	9.703 15.575%	943.013	*1.141* *0.814%*	28.829 46.276%	62.176	53.144 37.913%	7.545	21.860 15.595%	1008.092	267.271	7.501	2.515
990151 TACO SALAD SUMMER	serving	267	270.066	6.524 21.740%	1189.883	*1.141* *1.690%*	13.730 45.756%	42.302	17.882 26.486%	3.695	17.285 25.601%	730.169	87.521	7.501	1.112
990059 Taco Seasoning*	.07 OUNCE	2	7.087	0.000 0.000%	108.673	0.000 0.000%	0.000 0.000%	0.000	0.945 53.337%	0.472	0.000 0.000%	94.498	0.000	0.000	0.000
1013 TACOS, GLUTEN FREE	EACH	145	390.889	10.981 25.284%	566.343	*0.000* *0.000%*	25.800 59.403%	70.125	17.991 18.410%	1.000	22.063 22.577%	386.459	75.400	0.000	2.512
1016 TACOS, LACTOSE FREE	EACH	117	320.015	8.450 23.765%	171.475	*0.000* *0.000%*	21.750 61.169%	60.000	14.953 18.690%	1.000	15.988 19.984%	380.384	55.150	0.000	2.512
738 Tater Tots*	8 each	71	126.000	1.260 9.000%	184.800	0.000 0.000%	7.560 54.000%	0.000	14.280 45.333%	1.680	0.840 2.667%	0.000	0.000	2.016	0.000
990083 TOAST, W/G, G/F	EACH	38	107.237	0.001 0.006%	134.200	8.670 32.340%	2.253 18.907%	0.000	21.792 81.286%	0.640	1.021 3.808%	0.700	20.980	0.126	0.027
990172 Tomatoes, Cherry	Serving	102	18.360	0.029 1.402%	5.100	2.683 58.453%	0.204 10.000%	0.000	3.968 86.444%	1.224	0.898 19.564%	849.660	10.200	13.974	0.275
772 Tomatoes, Diced*	1/4 CUP	51	9.180	0.014 1.402%	2.550	1.341 58.431%	0.102 10.000%	0.000	1.984 86.444%	0.612	0.449 19.564%	424.830	5.100	6.987	0.138
592 Tortilla Chips*	20 CHIPS	57	141.748	0.506 3.214%	0.000	0.000 0.000%	6.075 38.571%	0.000	20.250 57.143%	2.025	2.025 5.714%	0.000	0.000	0.000	0.607
990096 Tray, .5# food	each	28	0.000	0.000 *N/A%*	0.000	0.000 *N/A%*	0.000 *N/A%*	0.000	0.000 *N/A%*	0.000	0.000 *N/A%*	0.000	0.000	0.000	0.000
990095 Tray/Spork/Napkin	EACH	85	0.000	0.000 *N/A%*	0.000	0.000 *N/A%*	0.000 *N/A%*	0.000	0.000 *N/A%*	0.000	0.000 *N/A%*	0.000	0.000	0.000	0.000
843 Tri-Tater 2 each*	2 EACH	114	203.571	1.018 4.500%	570.000	2.036 4.001%	8.143 36.000%	0.000	28.500 56.000%	2.036	2.036 4.001%	0.000	0.000	0.000	0.733
336 Tri-Tater*	EACH	57	101.786	0.509 4.500%	285.000	1.018 4.001%	4.071 36.000%	0.000	14.250 56.000%	1.018	1.018 4.001%	0.000	0.000	0.000	0.366

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 *- denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Haysville Unified School District 261

Recipe Nutrient Composition - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals ¹ (kcal)	Saturated Fat ¹ (g)	Sodium ¹ (mg)	Sugars (g)	Total Fat (g)	Chol (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)	Vitamin A (IU)	Calcium (mg)	Vitamin C (mg)	Iron (mg)
990161 Tropical Fruit cup	Cup	113	60.000	0.000 0.000%	5.000	14.000 93.333%	0.000 0.000%	0.000	15.000 100.000%	1.000	1.000 6.667%	100.000	0.000	18.000	0.000
606 Turkey Nuggets*	4 EACH	111	323.287	5.051 14.063%	323.287	0.000 0.000%	21.216 59.062%	50.514	17.175 21.250%	2.021	16.164 20.000%	0.000	20.205	0.000	1.818
990080 TURKEY ROAST, SPECIAL DIETS	SERVING (3oz.)	85	97.500	1.125 10.385%	60.000	0.000 0.000%	3.750 34.615%	48.750	0.000 0.000%	0.000	17.250 70.769%	0.000	0.000	1.500	3.000
990129 Turkey Wrap	Each	194	370.000	6.500 15.811%	1063.333	*1.500* *1.622%*	14.250 34.662%	57.500	38.500 41.622%	2.333	21.333 23.063%	266.667	150.000	1.200	5.820
990169 Turkey, Ham & Cheese Croissant	Each	161	352.010	7.898 20.193%	1467.435	5.043 5.731%	16.814 42.989%	59.171	31.204 35.458%	2.012	20.661 23.478%	400.000	171.422	0.000	2.423
990168 Turkey/Cheese Croissant	Each	161	327.322	6.031 16.582%	1017.531	4.537 5.544%	13.327 36.643%	58.062	32.723 39.989%	2.012	21.198 25.905%	200.000	121.422	0.000	5.258
615 Uncrustable*	EACH	76	300.000	3.000 9.000%	280.000	14.000 18.667%	17.000 51.000%	0.000	32.000 42.667%	4.000	9.000 12.000%	0.000	20.000	0.000	8.000
993 Uncrustable/Chip*	EACH	104	440.000	4.000 8.182%	490.000	16.000 14.545%	23.000 47.045%	0.000	50.000 45.455%	6.000	11.000 10.000%	0.000	40.000	0.000	8.700
992 Uncrustable/Chip/Cheese*	EACH	132	520.000	7.500 12.981%	690.000	16.000 12.308%	29.000 50.192%	15.000	51.000 39.231%	6.000	17.000 13.077%	200.000	240.000	0.000	8.700
990093 WAFFLES, APPLE CINNAMON, G/F	2 EACH	85	200.000	0.000 0.000%	310.000	3.000 6.000%	6.000 27.000%	0.000	35.000 70.000%	2.000	2.000 4.000%	0.000	20.000	0.000	0.720
990112 Walking Taco	EACH	120	338.039	5.004 13.324%	1116.317	*0.000* *0.000%*	15.007 39.955%	29.108	33.182 39.264%	3.861	15.374 18.192%	303.897	79.317	0.000	1.448

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.