

Adapted Physical Education Referral Process

Adapted physical education services are available only to those students who qualify for placement in special education programs.

Adapted physical education is physical education which has been adapted or modified so that it is as appropriate for the person with a disability as it is for a person without a disability. Students with disabilities are entitled to the same number of hours of physical education as their nondisabled peers.

Process

If case managers are in question as to whether or not a child qualifies for adapted physical education, they need to inform the adapted physical educator to allow for an informal observation time. If determined by the adapted physical educator that the child may qualify...the adapted physical educator will speak with the case manager and school psychologist. It is the duty of the case manager and psychologist to mail consent forms and then to schedule meetings once the evaluation has taken place. This is a team process.

Adapted Physical Education is an individualized program involving physical and motor fitness, fundamental motor skills and patterns, skills in aquatics and dance, and individual and group games and sports designed to meet the unique needs of individuals.

Eligibility- the following criteria are considered in determining a need for APE services.

- Score of 85 and below on the Test of Gross Motor Development-2
- Exhibit a developmental delay of 2 or more years based on appropriate assessment instruments
- Function within the severe or profound range as determined by specific eligibility standards
- Possess social/emotional/behavioral or physical capabilities that would render it difficult for the student to reach his or her physical education goals without significant modifications or exclusion from the general physical education class.

Referral Process

- Complete an Adapted Physical Education Referral Form—obtained from school psychologists
- Send the referral to the APE teacher and school psychologist
- The APE teacher will conduct an informal observation to determine if evaluation is needed
- If evaluation is needed....a consent to evaluate is required
- Upon completion of evaluation pertinent team members will meet with parents to discuss results and placement options

We currently have two areas under the Adapted Physical Education umbrella. If a child does not qualify for APE but does have some gross motor issues it may be suggested that they participate in Modified physical education. A modified curriculum may occur in either the general education setting and/or adapted physical education setting with the goal as placement in the general physical education classroom. Consultation is available for a minimum of six months at which point in time the general physical educator may email or call the adapted physical educator for ideas and information as needed. During that six months the adapted physical educator will put the consultation on his/her rotating schedule to meet with the general physical educator regularly. The idea is that the Adapted physical educator will provide enough assistance and ideas that the general physical educator can continue the modified program.